COURSE OUTLINE OF RECORD

Number: DANC G220  
TITLE: Ballet 3 - Advanced

ORIGINATOR: Nannette Brodie  
FORMERLY KNOWN AS: Advanced Ballet

EFF TERM: Fall 2015  
DATE OF OUTLINE/REVIEW: 03-03-2015

CROSS LISTED COURSE:

TOP NO: 1008.00  
CID:

SEMESTER UNITS: 2.0

HRS LEC: 27.0  
HRS LAB: 27.0  
HRS OTHER: 0.0

CONTACT HRS TOTAL: 54.0

STUDY NON-CONTACT HRS RECOMMENDED: 54.0

CATALOG DESCRIPTION:

Advanced level ballet techniques. Classroom participation in barre work, complex centre practice and advanced adagio and allegro combinations.

JUSTIFICATION FOR COURSE:

PREREQUISITES:

COREQUISITES:

ADVISORIES:

ASSIGNED DISCIPLINES:

Dance

MATERIAL FEE: Yes [ ] No [X] Amount: $0.00

CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

GRADING POLICY: Pass/No Pass [X]  Standard Letter [X]  Not Graded [ ]  Satisfactory Progress [ ]

OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]

TRANSFER STATUS: CSU Transferable[ ]  UC/CSU Transferable[X]  Not Transferable[ ]

BASIC SKILLS STATUS: Yes [ ] No [X]  LEVELS BELOW TRANSFER: Not Applicable

CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable

NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course

OCCUPATIONAL (SAM) CODE: E

REPEATABLE ACCORDING TO STATE GUIDELINES: No [X]  Yes [ ] NUMBER REPEATS:

REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]  
Dance( Associate in Arts)

GE AND TRANSFER REQUIREMENTS MET:

CSU GE Area C: Arts, Literature, Philosophy and Foreign Languages

   C1 - Arts, Dance, Music, Theater

   C2 - Humanities

COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:
1. Demonstrate all phases of a turn from the preparation through the final landing position at an advanced level.

2. Perform with clarity and precision advanced level barre work, centre practice, and adagio and allegro combinations.

3. Demonstrate increased strength, flexibility and endurance through practice and repetition of advanced ballet techniques.

**COURSE OBJECTIVES:**

1. Know the names and descriptions of all advanced ballet exercises which would include positions of the feet, port de bras, body positions, and adagio and allegro combinations.

2. Perform with clarity and precision advanced level barre work, centre combinations, as well as adagio and allegro combinations.

3. Increase strength, flexibility and endurance through practice and repetition of the advanced ballet techniques.

4. Demonstrate advanced knowledge of balance, extension and elevation.

5. Demonstrate all phases of a turn from the preparation through the final landing position at an advanced level.

6. Discuss the history and contributions of a chosen ballet including the names of choreographers, performers, and companies identified with that ballet while stressing the ballet's impact on the dance world.

**COURSE CONTENT:**

**LECTURE CONTENT:**

Lecture on the elements that make ballet an art.

Lecture on the history of ballet and its place in the arts today.

Ballet terms, writing a critique, and important figures in ballet.

**LABORATORY CONTENT:**

A. Warm up sequence before plies.

B. Advanced level barre work.
   1. Battements, battement soutenu, tendu releve developpe, frappe
   2. Ronde de jambe en l'air, a terre, en attitude, grand rond de jambe.
   3. Developpe, pas de cheval, fondu, passe.
   4. Corps and bras exercises including cambre, port de bras en demi--pointes.

C. Advanced adagio centre exercises
   1. Traveling exercises including a slow moving a ronde de jambe, developpe, pique and promenad, et al.
   2. Turning exercises including soutenu, and ronde de jambe.
   3. Arabesques and attitudes.
   4. Fouette combinations.
   5. Turns including pique and pirouette

D. Advanced allegro
   1. Preparatory steps including glissade, pas de bourree, demi contretemps, failli, sissonne, contretemps.
   2. Small allegro steps including emboite, pas de chaval
   3. Medium allegro steps including sissonne, temps de cisse, ballonne, ballotte.
   4. Large allegro steps including grande jete, temps leve.
   5. Turning steps including fouette, saute de basque.
   6. Steps with beats including echappe, royale, entrechat, quatre, brise, cabrioles.
METHODS OF INSTRUCTION:
A. Lecture:
B. Lab:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:

Reading Assignments
Recommended, not required text books:

Technical Manual and Dictionary of Classical Ballet - Gail Grant
Ballet: Beyond the Basics - Sandra Hammond

Out-of-class Assignments
1. A concert critique to be turned into the instructor describing the contents of a live dance concert or ballet.
2. A critique of a video dance performance describing the content in ballet terms of the video performance of a ballet.

Writing Assignments
1. Written midterm on the ballet terms
2. Periodic testing on movement material
3. Written final on the ballet terms
4. Dance final on a piece of advanced ballet choreography

METHODS OF STUDENT EVALUATION:
Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Skills Demonstration

Demonstration of Critical Thinking:
Occasional testing on the techniques, either through demonstration or verbal description of the ballet vocabulary.

Required Writing, Problem Solving, Skills Demonstration:
1. Written midterm on the ballet terms
2. Periodic testing on movement material
3. Written final on the ballet terms
4. Dance final on a piece of choreography

TEXTS, READINGS, AND RESOURCES:

TextBooks:

Other:
1. Toe shoes or ballet shoes, tights, and leotards.
LIBRARY:
   Adequate library resources include:
   Comments:
Attachments:
   Attached Files