### COURSE OUTLINE OF RECORD

**Number:** DANC G200  
**TITLE:** Modern Dance 3 - Advanced  
**ORIGINATOR:** Nannette Brodie  
**EFF TERM:** Fall 2015  
**FORMERLY KNOWN AS:** Advanced Modern Dance  
**DATE OF OUTLINE/REVIEW:** 03-30-2015  
**TOP NO:** 1008.00  
**CID:**

<table>
<thead>
<tr>
<th>SEMESTER UNITS</th>
<th>2.0</th>
</tr>
</thead>
<tbody>
<tr>
<td>HRS LEC</td>
<td>27.0</td>
</tr>
<tr>
<td>HRS LAB</td>
<td>27.0</td>
</tr>
<tr>
<td>HRS OTHER</td>
<td>0.0</td>
</tr>
<tr>
<td>CONTACT HRS TOTAL</td>
<td>54.0</td>
</tr>
<tr>
<td>STUDY NON-CONTACT HRS RECOMMENDED</td>
<td>54.0</td>
</tr>
</tbody>
</table>

**CATALOG DESCRIPTION:**
Instruction and practice in advanced level modern dance techniques, theory, improvisation and composition.

**JUSTIFICATION FOR COURSE:**

**PREREQUISITES:**

**COREQUISITES:**

**ADVISORIES:**

**ASSIGNED DISCIPLINES:**
Dance

**MATERIAL FEE:** Yes [ ] No [X] Amount: $0.00

**CREDIT STATUS:** Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

**GRADING POLICY:** Pass/No Pass [X] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]

**OPEN ENTRY/OPEN EXIT:** Yes [ ] No [X]

**TRANSFER STATUS:** CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]

**BASIC SKILLS STATUS:** Yes [ ] No [X]  
**LEVELS BELOW TRANSFER:** Not Applicable

**CALIFORNIA CLASSIFICATION CODES:** Y - Not Applicable

**NON CREDIT COURSE CATEGORY:** Y - Not applicable, Credit Course

**OCCUPATIONAL (SAM) CODE:** E

**REPEATABLE ACCORDING TO STATE GUIDELINES:** No [X] Yes [ ]  
**NUMBER REPEATS:**

**REQUIRED FOR DEGREE OR CERTIFICATE:** No [ ] Yes [X]  
Dance(Associate in Arts)

**GE AND TRANSFER REQUIREMENTS MET:**
- CSU GE Area E: Lifelong Understanding and Self-Development  
  E2 - Activity Course
- GWC AA - Area E Lifelong Understanding and Self-Development  
  Area E Lifelong Understanding and Self-Development

**COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:**

---

Page 1 of 3
1. Recall and perform appropriate advanced warm-up exercises.

2. Perform the required advanced technique in locomotor activities.

3. Move rhythmically and accurately to complex and varied musical accompaniment at an advanced level.

COURSE OBJECTIVES:
1. Perform and recall appropriate advanced warm-up exercises.
2. Perform the required advanced techniques in locomotor activities.
3. Move rhythmically and accurately relating movements to the musical accompaniment at an advanced level.
4. Demonstrate improved alignment, balance, coordination, strength, flexibility and endurance at an advanced level.
5. Demonstrate and understand advanced modern dance theories and elements in technique, improvisation and composition
6. Demonstrate knowledge of the history and important figures of modern dance in America.
7. Develop critical viewing skills with which to evaluate a dance concert experience.

COURSE CONTENT:

LECTURE CONTENT:

The history and important figures of modern dance.

How to critically evaluate concert dance and how to write a critique of a dance concert or video dance performance.

LABORATORY CONTENT:

A. Advanced warm-up technique -- Standing
1. Neck, back and hamstring stretches--sagittal plane--parallel and turned out
2. Swings of torso and legs
3. Side stretches--frontal and transverse plane
4. Demi and grand plié in positions 1,2,3
5. Releves and élèvés
6. Front of the body (abdominal and thigh) stretches
7. Isolations--head, shoulder girdle, rib cage, hip, arms and ankles
8. Leg lifts front, side and back

B. Advanced warm-up technique--on the floor
1. Seated torso and neck stretches and axial circles
2. Hip socket rotation exercises
3. Back flexibility stretches
4. Abdominal and back strengthening exercises
5. Flex and stretch of legs and ankles in supine position
6. Second position (wide stride) and split stretches
7. Combinations of movements on the floor involving falls, body rolls, shoulder stands, shoulder rolls and sit spins

C. Advanced locomotor combinations moving through space involving walk, hop, skip, run, slide, gallop, leap, jump, turn, fall and roll

D. Advanced modern dance theories and elements
1. Motion - body parts, jointal action, and momentum
2. Space - levels, direction, plane, peripheral and volume
3. Time - metered and unmetered
4. Shape - static, in motion, design principles, solo and group relationships
5. Energy - percussive, sustained, staccato, suspension, swing and vibratory
METHODS OF INSTRUCTION:
A. Lecture:
B. Lab:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:
Reading Assignments
Instructor provided handouts

Out-of-class Assignments
1. Attend a live dance concert on or off campus
2. View DVD/video tapes on dance

Writing Assignments
1. Essay examination on the handouts and lecture material from class
2. Write a critical evaluation of a live dance concert and critique a modern dance video.

METHODS OF STUDENT EVALUATION:
Short Quizzes
Written Assignments
Essay Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Skills Demonstration

Demonstration of Critical Thinking:
1. Preparation of advanced individual and group choreography and improvisation

Required Writing, Problem Solving, Skills Demonstration:
1. Essay examination on the handouts and lecture material from class
2. Write a critical evaluation of a live dance concert.
3. Tests given 2 to 3 times during semester on learned movement skills

TEXTS, READINGS, AND RESOURCES:

Other:
1. Leotard and tights or jazz pants and no shoes.

LIBRARY:
Adequate library resources include:

Comments:

Attachments:

Attached Files