### Course Outline of Record

**Number:** DANC G155  
**TITLE:** Ballet 2 - Intermediate

**ORIGINATOR:** Nannette Brodie  
**EFF TERM:** Fall 2015

**DATE OF ORIGIN:**  
**FORMERLY KNOWN AS:** Intermediate Ballet  
**DATE OF OUTLINE/REVIEW:** 03-11-2015

**TOP NO:** 1008.00  
**CID:**

**SEMESTER UNITS:** 2.0

**HRS LEC:** 27.0  
**HRS LAB:** 27.0  
**HRS OTHER:** 0.0

**CONTACT HRS TOTAL:** 54.0

**STUDY NON-CONTACT HRS RECOMMENDED:** 54.0

**CATALOG DESCRIPTION:**

Instruction and practice in intermediate ballet techniques. Classroom participation in barre work, complex centre practice and intermediate adagio and allegro ballet combinations.

**JUSTIFICATION FOR COURSE:**

**PREREQUISITES:**

**COREQUISITES:**

**ADVISORIES:**

**ASSIGNED DISCIPLINES:**

Dance

**MATERIAL FEE:** Yes [ ] No [X] Amount: $0.00

**CREDIT STATUS:** Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

**GRADING POLICY:** Pass/No Pass [X] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]

**OPEN ENTRY/OPEN EXIT:** Yes [ ] No [X]

**TRANSFER STATUS:** CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]

**BASIC SKILLS STATUS:** Yes [ ] No [X]  
**LEVELS BELOW TRANSFER:** Not Applicable

**CALIFORNIA CLASSIFICATION CODES:** Y - Not Applicable

**NON CREDIT COURSE CATEGORY:** Y - Not applicable, Credit Course

**OCCUPATIONAL (SAM) CODE:** E

**REPEATABLE ACCORDING TO STATE GUIDELINES:** No [X] Yes [ ] NUMBER REPEATS:

**REQUIRED FOR DEGREE OR CERTIFICATE:** No [ ] Yes [X]  
Dance(Associate in Arts)

**GE AND TRANSFER REQUIREMENTS MET:**

UC Transfer Course

A. Transfers to UC

**COURSE LEVEL STUDENT LEARNING OUTCOME(S) SUPPORTED BY THIS COURSE:**

1. Perform barre exercises with clarity and precision at an intermediate level.
2. Move with grace, strength, flexibility, and endurance at an intermediate level.
3. Perform complex adagio and allegro combinations at an intermediate level.
COURSE OBJECTIVES:
1. Perform barre exercises with clarity and precision at an intermediate level.
2. Perform centre floor work with grace, strength, flexibility, and endurance at an intermediate level.
3. Perform complex adagio and allegro combinations at an intermediate level.
4. Turn with intermediate level strength and form.
5. Discuss some of the historical foundations of the ballet which would include noteworthy dance personalities and famous dance companies.

COURSE CONTENT:

LECTURE CONTENT:
1. Proper intermediate ballet techniques
2. Performance qualities
3. How to critically evaluate concert dance then write a critique of a dance concert
4. History and important figures in Ballet
5. French vocabulary of ballet terms

LABORATORY CONTENT:
A. General warm-up in the center:
1. Head, shoulder, and ankle circles
2. Side stretches and leg swings
3. Hamstring stretches and flex point combinations
4. Combinations of the above

B. Intermediate ballet barre work including movement combinations of the head, body, feet, and arms
1. Plie-grand and demi Plie in all positions of the feet while coordinating arms, head, and neck
2. Battement tendu-changing the tempo and accents
3. Battement degage
4. Battement frappe
5. Rond de jambe a terre en dehors and en dedans plus en l’air allowing for changing tempos and rhythms
6. Petit Battement-double and triple beats
7. Fondu
8. Balancoire and developpe combined
9. Grand Battement

C. Intermediate exercises in the centre
1. Port de bras
2. Body positions-croise devant, a la quatrieme evant, ecarte, efface, epaule, a la seconde, a la quatrieme derriere, crois derriere
3. Intermediate combinations of the above
4. Adagio movement-combinations, including plie, releve, glissade, elonge, retire, soutenu
5. Allegro movement-including changement, echappe, assemble, glissade, passe, chasse, flick-flac, soubresaut, coupe, ciseaux, cecchetti changement, balance, jete, pas de basque, cabriole, foulte, pique turn emboite, temps de fleche, temps de cruise, tombe, brise, and combinations of the above.

D. Intermediate level movements across the floor including chaine and pique turns, jete, tour jete, grand fouette, bourree, chasse

E. Intermediate level centre jumps including changement, entrechat-quartre, royale, ciseaux, soubresau ballonnette, ballotte

F. Grand reverence
METHODS OF INSTRUCTION:

A. Lecture:
B. Lab:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:

Reading Assignments

Recommended texts, not required:

Technical Manual and Dictionary of Classical Ballet by Gail Grant
Ballet: Beyond the Basics by Sandra Hammond

Out-of-class Assignments

A concert critique to be turned into the instructor--describing the contents of a "line" dance concert or Ballet.

Writing Assignments

1. Monthly tests on the movement phrases
2. Written midterm exam
3. Periodic testing verbally on ballet terms and techniques
4. Written final exam
5. A movement final on a piece of ballet choreography

METHODS OF STUDENT EVALUATION:

Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration

Demonstration of Critical Thinking:

Occasional testing on intermediate ballet technique either through demonstration or verbal description of the ballet vocabulary.

Required Writing, Problem Solving, Skills Demonstration:

1. Monthly tests on movement phrases
2. Written midterm exam
3. Periodic testing verbally on ballet terms and techniques
4. Written final exam
5. A movement final on a piece of ballet choreography

TEXTS, READINGS, AND RESOURCES:

TextBooks:

Other:
1. Black Leotard, black or pink tights, ballet shoes.
LIBRARY:
   Adequate library resources include:
   Comments:
Attachments:
   Attached Files