COURSE OUTLINE OF RECORD

Number: DANC G145  TITLE: Modern Dance 2 - Intermediate

ORIGINATOR: Nannette Brodie  EFF TERM: Fall 2015
FORMERLY KNOWN AS: Intermediate Modern Dance
DATE OF OUTLINE/REVIEW: 03-11-2015
CROSS LISTED COURSE:

SEMESTER UNITS: 2.0
HRS LEC: 27.0  HRS LAB: 27.0  HRS OTHER: 0.0
CONTACT HRS TOTAL: 54.0
STUDY NON-CONTACT HRS RECOMMENDED: 54.0

CATALOG DESCRIPTION:
Instruction and practice in intermediate level modern dance technique. Students will learn modern dance warm-up techniques and combinations choreographed to live and recorded accompaniment. Students will have the opportunity to improvise and choreograph their own dance studies.

JUSTIFICATION FOR COURSE:

PREREQUISITES:

COREQUISITES:

ADVISORIES:

ASSIGNED DISCIPLINES:
Dance

MATERIAL FEE: Yes [ ] No [X] Amount: $0.00

CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

GRADING POLICY: Pass/No Pass [X] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]

OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]

TRANSFER STATUS: CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]

BASIC SKILLS STATUS: Yes [ ] No [X]  LEVELS BELOW TRANSFER: Not Applicable

CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable

NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course

OCCUPATIONAL (SAM) CODE: E

REPEATABLE ACCORDING TO STATE GUIDELINES: No [X] Yes [ ] NUMBER REPEATS:

REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]

GE AND TRANSFER REQUIREMENTS MET:
CSU GE Area E: Lifelong Understanding and Self-Development
   E2 - Activity Course
UC Transfer Course
   A. Transfers to UC
GWC AA - Area E Lifelong Understanding and Self-Development
   Area E Lifelong Understanding and Self-Development

COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:
1. Move rhythmically and accurately to complex and varied musical accompaniment at an intermediate level.

2. Improve body alignment, balance, coordination, strength, flexibility, endurance, and movement memory at an intermediate level.

3. Demonstrate intermediate modern dance techniques in locomotor patterns, improvisation and composition.

**COURSE OBJECTIVES:**

1. Perform and recall appropriate intermediate warm-up exercises.
2. Perform the required intermediate techniques in locomotor activities.
3. Move rhythmically and accurately relating movements to the musical accompaniment at an intermediate level.
4. Demonstrate improved alignment, balance, coordination, strength, flexibility and endurance at an intermediate level.
5. Demonstrate and understand basic modern dance theories and elements in technique, improvisation and composition at an intermediate level.
6. Demonstrate knowledge of the history and important figures of modern dance in America.
7. Develop critical viewing skills with which to evaluate a dance concert experience.

**COURSE CONTENT:**

**LECTURE CONTENT:**

1. The history and important figures of modern dance
2. How to evaluate concert dance
3. how to write a critique of a modern dance concert or video.

**LABORATORY CONTENT:**

A. Intermediate warm-up technique -- Standing
   1. Neck, back and hamstring stretches--sagittal plane--parallel and turned out
   2. Swings of torso and legs
   3. Side stretches--frontal and transverse plane
   4. Demi and grand plié in positions 1,2,3
   5. Releves and élèvés
   6. Front of the body (abdominal and thigh) stretches
   7. Isolations--head, shoulder girdle, rib cage, hip, arms and ankles
   8. Leg lifts front, side and back

B. Intermediate warm-up technique--on the floor
   1. Seated torso and neck stretches and axial circles
   2. Hip socket rotation exercises
   3. Back flexibility stretches
   4. Abdominal and back strengthening exercises
   5. Flex and stretch of legs and ankles in supine position
   6. Second position (wide stride) and split stretches
   7. Combinations of movements on the floor involving falls, body rolls, shoulder stands, shoulder rolls and sit spins

C. Intermediate locomotor combinations moving through space involving walk, hop, skip, run, slide, gallop, leap, jump, turn, fall and roll

D. Intermediate Modern dance theories and elements
   1. Motion - body parts, jointal action, and momentum
2. Space - levels, direction, plane, peripheral and volume
3. Time - metered and unmetered
4. Shape - static, in motion, design principles, solo and group relationships
5. Energy - percussive, sustained, staccato, suspension, swing and vibratory

METHODS OF INSTRUCTION:

A. Lecture:
B. Lab:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:

Reading Assignments
Instructor provided handouts

Out-of-class Assignments
1. Attend a live dance concert on or off campus
2. View DVD/video tapes on dance

Writing Assignments
1. Essay examination on the handouts and lecture material from class
2. Written critique of a live dance concert
3. Written critique of a dance performance video

METHODS OF STUDENT EVALUATION:

Short Quizzes
Written Assignments
Essay Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Skills Demonstration

Demonstration of Critical Thinking:
1. Preparation of individual and group choreography and improvisation at an intermediate level

Required Writing, Problem Solving, Skills Demonstration:
1. Essay examination on the handouts and lecture material from class
2. Written critique of a live dance concert
3. Tests given 2 to 3 times during semester on learned movement skills

TEXTS, READINGS, AND RESOURCES:

Other:
1. Leotard and tights or jazz pants and no shoes.

LIBRARY:

Adequate library resources include:

Comments:

Attachments:

Attached Files