This course will instruct actors in the use of the body as an expressive instrument in performance focusing on introductory movement skills, physical awareness, movement improvisation and stage combat.

TO ALLOW STUDENTS THE OPPORTUNITY TO DEVELOP THEIR CRAFT IN STAGE MOVEMENT.

PREREQUISITES:
COREQUISITES:
ADVISORIES:
ASSIGNED DISCIPLINES:
- Dance
- Drama/theater Arts
- Theater arts
MATERIAL FEE: Yes [ ] No [X] Amount: $0.00
CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]
GRADING POLICY: Pass/No Pass [ ] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]
OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]
TRANSFER STATUS: CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]
BASIC SKILLS STATUS: Yes [ ] No [X] LEVELS BELOW TRANSFER: Not Applicable
CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable
NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course
OCCUPATIONAL (SAM) CODE: E
REPEATABLE ACCORDING TO STATE GUIDELINES: No [X] Yes [ ] NUMBER REPEATS:
REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]
Associate of Arts: Liberal Arts: Emphasis in Arts and Humanities(Associate in Arts)
Theater Arts(Associate in Arts)
GE AND TRANSFER REQUIREMENTS MET:
CSU GE Area E: Lifelong Understanding and Self-Development
- E2 - Activity Course
UC Transfer Course
- A. Transfers to UC
GWC AA - Area E Lifelong Understanding and Self-Development
- Area E Lifelong Understanding and Self-Development
COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:

1. Through skills assessment and examinations, the successful student will be able to
demonstrate body control, visual fluidity and purpose in movement for dramatic plays and
musicals through the use and understanding of movement theories at an introductory level

COURSE OBJECTIVES:
1. Explain knowledge of several visual movement arts at an introductory level
2. Exhibit introductory exercise experience as well as knowledge learned from other learning areas to
improve the actors movement on stage.
3. Demonstrate knowledge gained by applying class exercises to written drama at an introductory level.
4. At an introductory level, achieve the fullest range and clarity of physical and emotional expression of
the body as it moves in relation to the surrounding space.

COURSE CONTENT:

LECTURE CONTENT:

A. Introductory Movement Theory
   1. Movement theories, their purpose and aesthetic value
      a. Movement improvisations
      b. Relaxation
      c. Breathing techniques
      d. Alignment
      e. Locomotor movements
      f. Dynamics
      g. Alexander Technique
      h. Other movement/performance techniques

B. Introductory Classical Dance and Movement Forms
   1. Reading and lecture
      a. Ballet
      b. Modern
      c. Tap
      d. Historical and Classical Ballroom
      e. Contemporary Ballroom
      f. Folk
      g. Musical theater
      h. Jazz
      i. Pantomime

C. Specific introductory Movement Challenges for the Actor in the Performing Arts
   1. Reading and lecture
      a. Acrobatics
      b. Music
      c. Movement improvisation
      d. Stage combat and swordplay
      e. Choreography
      f. Story theater
LABORATORY CONTENT:

A. Introductory Exercises in movement theories
   1. Movement Improvisations
   2. Relaxation
   3. Breathing techniques
   4. Alignment (Alexander Technique)
   5. Locomotor movements
   6. Dynamics

B. Introductory Classical Dance and Movement Forms
   1. Exercises
      a. Ballet
      b. Modern
      c. Tap
      d. Historical and Classical Ballroom
      e. Contemporary Ballroom
      f. Folk
      g. Musical theater
      h. Jazz
      i. Pantomime

C. Specific introductory Movement Challenges for the Actor in the Performing Arts
   1. Exercises
      a. Acrobatics
      b. Music
      c. Movement improvisation
      d. Stage combat and swordplay
      e. Choreography
      f. Story theater

METHODS OF INSTRUCTION:

A. Lecture:
B. Lab:

INSTRUCTIONAL TECHNIQUES:

Lecture/Lab

COURSE ASSIGNMENTS:

Reading Assignments
Text, Websites

Out-of-class Assignments
Literary and historical research

Writing Assignments

A. Introductory skill demonstration of proficiency in all movement forms explored including stage combat, dance and movement improvisations
B. Written critique of theatrical productions analyzing all movement aspects of the live theater production
C. Homework assignments and discussions
D. Reports
METHODS OF STUDENT EVALUATION:
Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Essay Examinations
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration

Demonstration of Critical Thinking:
1. Written evaluations of homework assignments and discussion topics that define and provide example of specific movement terminology and techniques.
2. Written critique format to compare and evaluate the physical staging and choreographic choices utilized in performances viewed, comparing and evaluating how movement replaced dialogue and, in doing so, furthered plot and character development.

Required Writing, Problem Solving, Skills Demonstration:
1. Written reviews of plays and musicals analyzing all movement aspects of the live theater production
2. Homework assignments and discussions
3. Essay questions on examinations
4. Reports
5. Introductory skills demonstration of proficiency in all movement forms explored including stage combat, dance, and movement improvisations

TEXTS, READINGS, AND RESOURCES:

TextBooks:

Other:
1. Play scripts

LIBRARY:
Adequate library resources include: Non-Print Materials

Comments:

Attachments:
Attached Files