**COURSE OUTLINE OF RECORD**

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<tr>
<th>Number: LRNG G005</th>
<th>TITLE: How To Survive In College</th>
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**ORIGINATOR:** Instructor Placeholder AAA  
**EFF TERM:** Fall 2010  
**FORMERLY KNOWN AS:**  
**DATE OF OUTLINE/REVIEW:** 09-12-1975  
**CROSS LISTED COURSE:**  
**TOP NO:** 4930.14  
**CID:**

**SEMESTER UNITS:** 2.0  
**HRS LEC:** 36.0  
**HRS LAB:** 0.0  
**HRS OTHER:** 0.0  
**CONTACT HRS TOTAL:** 36.0  
**STUDY NON-CONTACT HRS RECOMMENDED:** 72.0  

**CATALOG DESCRIPTION:**

Designed to orient new students to Golden West College, its services, and the unique features of its learning systems. Also provides students an overview of learning skills needed to succeed in college and ways to acquire them. The units earned for this course may not be applied toward the 60 units required for graduation. A twelve-week course.

**JUSTIFICATION FOR COURSE:**

**PREREQUISITES:**

**COREQUISITES:**

**ADVISORIES:**

**ASSIGNED DISCIPLINES:**

- Learning assistance instructors

**MATERIAL FEE:** Yes [ ] No [X] Amount: $0.00

**CREDIT STATUS:** Noncredit [ ] Credit - Degree Applicable [ ] Credit - Not Degree Applicable [X]

**GRADING POLICY:** Pass/No Pass [X] Standard Letter [ ] Not Graded [ ] Satisfactory Progress [ ]

**OPEN ENTRY/OPEN EXIT:** Yes [ ] No [X]

**TRANSFER STATUS:** CSU Transferable[ ] UC/CSU Transferable[ ] Not Transferable[X]

**BASIC SKILLS STATUS:** Yes [X] No [ ]  
**LEVELS BELOW TRANSFER:** Not Applicable

**CALIFORNIA CLASSIFICATION CODES:** Y - Not Applicable

**NON CREDIT COURSE CATEGORY:** Y - Not applicable, Credit Course

**OCCUPATIONAL (SAM) CODE:** E

**REPEATABLE ACCORDING TO STATE GUIDELINES:** No [X] Yes [ ] NUMBER REPEATS:

**REQUIRED FOR DEGREE OR CERTIFICATE:** No [X] Yes [ ]

**GE AND TRANSFER REQUIREMENTS MET:**

**COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:**

1. describe the differences between high school and college.
2. describe the guidance and counseling available to students.
3. describe the financial assistance available.
4. describe the vocational educational alternatives through program certificate and degree programs.
5. describe the differences among course offerings in areas such as math, English, etc.
6. describe the basic learning skills necessary for survival in college.

7. describe the the transfer process.

COURSE OBJECTIVES:
1. provide an understanding of the differences between high school and college.
2. develop and awareness of guidance and counseling available to students.
3. develop an awareness and understanding of financial assistance available.
4. provide an awareness of vocational educational alternatives through program certificate and degree programs.
5. provide an understanding of the differences among course offerings in areas such as math, English, etc.
6. provide an understanding of basic learning skills necessary for survival in college.
7. serve as an introduction to existing remedial and learning skills courses.
8. develop skill in time management.
9. increase student confidence in his/her own ability to succeed.
10. provide awareness of A. A. degree requirements.
11. provide awareness of the transfer process.

COURSE CONTENT:

LECTURE CONTENT:

A. Orientation to Golden West College
   1. Admission requirements
   2. Guidance and counseling program
   3. Financial aid and assistance
   4. Support services: child care, legal aid, etc.
   5. Degree and certificate offerings and requirements
   6. Tutoring
   7. Description and explanation of remedial and basic courses
   8. Job Placement Center
   9. Health Services
   10. Library
   11. Media Center
   12. Computer Center
   13. Student government, organization and activities

B. Differences between high school and college
   1. Independence
   2. Responsibility
   3. Instructors
      Office Numbers
      Phone Numbers
      Office Hours
   4. Classes
      a. Schedules
         (1) Fixed hours
         (2) Hours by appointment
      b. Structure
         (1) College lecture
         (2) Individualized, self-paced instruction
         (3) Mini-courses
         (4) Open labs
(5) Use of media
(6) Objective-based instruction

c. Courses, units, etc.
   (1) Units-lecture and lab
   (2) Full load
   (3) Semesters
   (4) Grading systems
       Letter Grades
       Credit/No Credit only
       Optional credit/no credit or grade
       No Grade
       Withdrawals
       GPA
       Probation

C. Use of the college catalog
   1. Certificate of Completion
   2. A. A. Degree
   3. Transfer

D. Goal Setting

E. Time Management
   1. Develop ideal schedule
   2. Implement schedule
   3. Self-evaluation

F. Overview of learning skills needed
   1. Reading
   2. Mathematics
   3. Vocabulary
   4. Communication
   5. Study Skills
      a. Studying textbooks
      b. Correlating textbook with other learning aids (course objectives, handouts, syllabi, lab assignments, workbooks)
      c. Effective listening
      d. Note-taking
      e. Preparing for exams
      f. Writing term papers
      g. Relaxation

METHODS OF INSTRUCTION:

A. Lecture:
B. Field Experience:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:

Reading Assignments

1. How to Survive in College, Iv Brechner (weekly)
2. Golden West College Catalog
3. Golden West College Planning Guide
4. Handouts

Out-of-class Assignments
1. Field trips
2. Campus tours
3. Guest Lecturers

**Writing Assignments**

Field trip reports, academic scheduling techniques, adjustment to semester schedules, GPA calculation, full program planning

**METHODS OF STUDENT EVALUATION:**

- Midterm Exam
- Short Quizzes
- Written Assignments
- Objective Examinations
- Problem Solving Exercises

**Demonstration of Critical Thinking:**

Evaluation of comparable academic programs at different universities, techniques to decision making applicable to college majors, universities, and general problem solving (identify issues, collect data, view possibilities, decide).

**Required Writing, Problem Solving, Skills Demonstration:**

Field trip reports, academic scheduling techniques, adjustment to semester schedules, GPA calculation, full program planning

**TEXTS, READINGS, AND RESOURCES:**

**Other:**

1. Instructor handouts on active study techniques, etc.

**LIBRARY:**

Adequate library resources include:

**Comments:**

**Attachments:**

[Attached Files](#)