Number: PSYC G165  
TITLE: Principles of Human Sexuality 1

ORIGINATOR: Maria Chovan  
EFF TERM: Fall 2011
FORMERLY KNOWN AS:
OUTLINE/REVIEW: 03-03-2014
CROSS LISTED COURSE: 
TOP NO: 2001.00
CID: PSY 130

SEMESTER UNITS: 3.0
HRS LEC: 54.0  HRS LAB: 0.0  HRS OTHER: 0.0
CONTACT HRS TOTAL: 54.0
STUDY NON-CONTACT HRS RECOMMENDED: 108.0

CATALOG DESCRIPTION:
This course involves an analysis of the interconnections between psychological experiences and the 
structure and function of the human sexual body. Topics include growth and development, reproduction 
and contraception, disabilities, dysfunction and therapy, as well as differing social values attached to each 
of these processes. C-ID PSY 130

JUSTIFICATION FOR COURSE:
PREREQUISITES:
COREQUISITES:
ADVISORIES:
ASSIGNED DISCIPLINES:
Psychology
MATERIAL FEE: Yes [ ] No [X] Amount: $0.00
CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]
GRADING POLICY: Pass/No Pass [X] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]
OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]
TRANSFER STATUS: CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]
BASIC SKILLS STATUS: Yes [ ] No [X] LEVELS BELOW TRANSFER: Not Applicable
CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable
NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course

REPEATABLE ACCORDING TO STATE GUIDELINES: No [X] Yes [ ] NUMBER REPEATS:
REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]
Anthropology(Associate in Arts)
Associate in Arts: Liberal Arts: Emphasis in Social Behavior and Self-Development(Associate in Arts)
Associate of Arts: Liberal Arts: Emphasis in Social and Behavioral Sciences(Associate in Arts)
Psychology(Associate in Arts for Transfer)

GE AND TRANSFER REQUIREMENTS MET:
IGETC Area 4: Social and Behavioral Sciences
   4I: Psychology
CSU GE Area D: Social, Political, and Economic Institutions
   D9 - Psychology
CSU GE Area E: Lifelong Understanding and Self-Development
E1 - Lifelong Understanding and Self-Development

COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:

1. explain the transmission and treatment of sexually transmitted infections.
2. describe the nature and treatment of sexual difficulties.
3. identify key sexual issues pertinent to childhood, adolescence, adult, and aged.
4. evaluate the issues involved in choice of birth control methods and pregnancy outcome.
5. explain important communication skills in sexual relationships.
6. identify and understand male and female sexual anatomy and reproductive systems.
7. identify, compare, and evaluate basic research methodologies used to obtain the current body of knowledge on human sexual behavior.
8. compare societal influences of various cultures on human sexuality, gender-identity formation, sexual orientation, and human sexual behavior.

COURSE OBJECTIVES:

1. compare societal influences of various cultures on human sexuality, gender-identity formation, sexual orientation, and human sexual behavior.
2. identify, compare, and evaluate basic research methodologies used to obtain the current body of knowledge on human sexual behavior.
3. identify and understand male and female sexual anatomy and reproductive systems.
4. explain important communication skills in sexual relationships.
5. evaluate the issues involved in choice of birth control methods and pregnancy outcome.
6. identify key sexual issues pertinent to childhood, adolescence, adult, and aged.
7. describe the nature and treatment of sexual difficulties.
8. explain the transmission and treatment of sexually transmitted infections.

COURSE CONTENT:

LECTURE CONTENT:

A. Perspectives on Human Sexuality
   1. Data sources
   2. Contrast of societal perspectives
   3. Cross-Cultural Influences

B. Sex Research
   1. Research methods
   2. Well-known studies

C. Female and Male Sexual Anatomy and Physiology
   1. External structures
   2. Internal structures
   3. Sexual Arousal and Response
   4. Hormones and arousal
   5. Sexual response models

D. Sexual Orientation
   1. Determination
   2. Societal attitudes

E. Sexual Behaviors
   1. Self-pleasuring
   2. Interactive sexuality

F. Contraception and Pregnancy
   1. Birth control
   2. Healthy pregnancy
   3. Adoption and abortion

G. Sexuality During Childhood, Adolescence, Adult Years, and Aging
PSYC G165-Principles of Human Sexuality 1

1. Sexual behavior in childhood
2. Physical changes
3. Single living, cohabitation, marriage, divorce, widowhood

H. Sexual Difficulties
1. Origins
2. Cultural versus physiological
3. Therapeutic interventions

I. Sexually Transmitted Infections
1. Common diseases
2. Transmission and treatment
3. High risk behaviors
4. Preventative health measures

METHODS OF INSTRUCTION:

A. Lecture:
B. Online:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:

Reading Assignments

A. Required Readings and Projects and projects such as: 1. Textbook 2. Site visits/Community Services 3. Class Project

Out-of-class Assignments

none

Writing Assignments

1. Written papers.
2. Essay and objective quizzes.
3. Class projects/presentations

METHODS OF STUDENT EVALUATION:

Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Essay Examinations
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations

Demonstration of Critical Thinking:

Students will be required to identify and explain the social, psychological, and biological factors that shape the human sexual experience.

Required Writing, Problem Solving, Skills Demonstration:

1. Written papers. 2. Essay and objective quizzes. 3. Class projects/presentations

TEXTS, READINGS, AND RESOURCES:

TextBooks:

LIBRARY:

Adequate library resources include: Non-Print Materials

Comments:

Attachments:

Attached Files