COURSE OUTLINE OF RECORD

Number: HLED G107    TITLE: Drugs, Health, and Society

ORIGINATOR: Leilani Johnson
FORMERLY KNOWN AS:

EFF TERM: Fall 2010
DATE OF OUTLINE/REVIEW: 12-08-2016

CROSS LISTED COURSE: CJ G107
TOP NO: 0837.00
CID:

SEMESTER UNITS: 3.0
HRS LEC: 54.0  HRS LAB: 0.0  HRS OTHER: 0.0
CONTACT HRS TOTAL: 54.0
STUDY NON-CONTACT HRS RECOMMENDED: 108.0

CATALOG DESCRIPTION:
This course will explore the different categories of drugs, such as over-the-counter, prescription, and illegal "recreational drugs". Drugs and their relationships to a person's health and wellbeing will be discussed. The motivation to use drugs, abuse and addiction, family concerns, identification of drugs, enforcement, and addiction intervention methods will also be reviewed.

JUSTIFICATION FOR COURSE:

PREREQUISITES:
COREQUISITES:
ADVISORIES:

ASSIGNED DISCIPLINES:
Administration of justice (police science, corrections, law enforcement)
Health
Nursing
Physical education

MATERIAL FEE: Yes [ ] No [X] Amount: $0.00
CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]
GRADING POLICY: Pass/No Pass [X] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]
OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]
TRANSFER STATUS: CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]
BASIC SKILLS STATUS: Yes [ ] No [X] LEVELS BELOW TRANSFER: Not Applicable

CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable

NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course

OCCUPATIONAL (SAM) CODE: E

REPEATABLE ACCORDING TO STATE GUIDELINES: No [X] Yes [ ] NUMBER REPEATS:

REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]
Associate in Arts: Liberal Arts: Emphasis in Social Behavior and Self-Development(Associate in Arts)
Law Enforcement Option(Certificate of Achievement)

GE AND TRANSFER REQUIREMENTS MET:
CSU GE Area E: Lifelong Understanding and Self-Development
     E1 - Lifelong Understanding and Self-Development

COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:
1. distinguish between the different categories of drugs.
2. explain the physiological and psychological effects of selected drugs.
3. describe the difference between abuse and addiction to selected drugs.

COURSE OBJECTIVES:
1. Describe the accountability of using legal drugs.
2. Describe the physiological and psychological effects of selected drugs.
3. Describe objective symptoms of influence or intoxication.
4. Describe the difference between abuse of and addiction to drugs.
5. Describe the different categories of drugs.

COURSE CONTENT:

LECTURE CONTENT:

A. Drugs and their uses.
   1. Therapeutic and medically necessary uses.
      a. Analgesics.
      b. Antibiotics.
      c. Vaccines.
      d. Prophylactics.
      e. Anesthetics.
      f. Psychotropics.
   2. Naturally derived.
   3. Synthetic.
   4. Over-the-Counter drugs.
   5. Prescription drugs.
   6. Controlled substances (legal).
   7. Recreational drugs (illegal).
B. Alcohol.
   1. Pathophysiological effects of alcohol ingestion.
   2. Addiction and withdrawal.
   3. Alcohol problems related to anti-social and/or criminal behavior.
   4. Overt signs of ingestion / influence.
C. Central Nervous System (CNS) Stimulants.
   1. Methamphetamine.
   2. Caffeine.
   3. Cocaine.
   5. Overt signs of ingestion / influence.
D. Central Nervous System (CNS) Depressants.
   1. Alcohol.
   2. Ritalin.
   3. Valium.
   4. Overt signs of ingestion / influence.
E. Opiates (Narcotics).
   1. Heroin.
   2. Morphine.
   3. Vicodin.
   4. Oxycontin.
   5. Overt signs of ingestion / influence.
F. Psychotropic Drugs.
   1. Phencyclidine.
   2. LSD.
   3. Halucinogens.
4. Lithium.
5. Marijuana.
6. Overt signs of ingestion / influence.

G. Drug addiction.
   1. Neuro-adaptation (tolerance).
   2. Abuse.
   3. Dependence.
   5. Intervention.
   6. Rehabilitation.
      a. Court ordered.
      b. Voluntary.
   7. Sobriety.
      a. Alcoholics Anonymous.
      c. Twelve step programs versus self-help.

H. Drug enforcement.
   2. Drug courts and drug diversion.
   3. Crimes related to drug use and abuse.
   5. Drug Enforcement Agency and the schedule of drugs.

I. Drugs and Sports.
   1. Anabolic steroids, human growth hormone, and precursors.
   2. Amphetamines.
   3. Analgesics.
   4. Societal attitudes toward drug use and / or abuse by athletes.

METHODS OF INSTRUCTION:

A. Lecture:
B. Online:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:
   Reading Assignments
      Websites
      Journal articles as assigned

Out-of-class Assignments
   none

Writing Assignments
   Essays are required on personal experience with drugs and / or alcohol, or knowledge of others' use. Students will also write essays on selected drugs and their effects.

METHODS OF STUDENT EVALUATION:
Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Essay Examinations
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration

**Demonstration of Critical Thinking:**
Role playing by individual groups regarding the intervention of an addicted person.

**Required Writing, Problem Solving, Skills Demonstration:**
Essays are required on personal experience with drugs and/or alcohol, or knowledge of others’ use. Students will also write essays on selected drugs and their effects.

**TEXTS, READINGS, AND RESOURCES:**
**TextBooks:**

**LIBRARY:**
Adequate library resources include:

**Comments:**

**Attachments:**
[Attached Files](#)