**COURSE OUTLINE OF RECORD**

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<tr>
<th>Number: CJ G107</th>
<th>TITLE: Drugs, Health, and Society</th>
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**ORIGINATOR:** Derrick Watkins  
**EFF TERM:** Fall 2012  
**DATE OF OUTLINE/REVIEW:** 12-08-2016  
**TOP NO:** 2104.00  
**CID:**

**CROSS LISTED COURSE:** HLED G107

**SEMESTER UNITS:** 3.0  
**HRS LEC:** 54.0  
**HRS LAB:** 0.0  
**HRS OTHER:** 0.0  
**CONTACT HRS TOTAL:** 54.0  
**STUDY NON-CONTACT HRS RECOMMENDED:** 108.0

**CATALOG DESCRIPTION:**
Learn how drugs are used and abused, as well as the problems associated with physical and emotional addiction and dependence. Law enforcement, health concerns, and societal views of drugs are also examined.

**JUSTIFICATION FOR COURSE:**

**PREREQUISITES:**

**COREQUISITES:**

**ADVISORIES:**

**ASSIGNED DISCIPLINES:**
- Administration of justice (police science, corrections, law enforcement)
- Health
- Nursing
- Physical education

**MATERIAL FEE:** Yes [ ] No [X] Amount: $0.00

**CREDIT STATUS:** Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

**GRADING POLICY:** Pass/No Pass [X] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]

**OPEN ENTRY/OPEN EXIT:** Yes [ ] No [X]

**TRANSFER STATUS:** CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]

**BASIC SKILLS STATUS:** Yes [ ] No [X]  
**LEVELS BELOW TRANSFER:** Not Applicable

**CALIFORNIA CLASSIFICATION CODES:** Y - Not Applicable

**NON CREDIT COURSE CATEGORY:** Y - Not applicable, Credit Course

**OCCUPATIONAL (SAM) CODE:** E

**REPEATABLE ACCORDING TO STATE GUIDELINES:** No [X] Yes [ ] NUMBER REPEATS:

**REQUIRED FOR DEGREE OR CERTIFICATE:** No [ ] Yes [X]

**GE AND TRANSFER REQUIREMENTS MET:**
- CSU GE Area E: Lifelong Understanding and Self-Development
  - E1 - Lifelong Understanding and Self-Development

**COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:**
1. describe objective symptoms of influence or intoxication.
2. describe the physiological and psychological effects of selected drugs.
3. describe the accountability of using legal drugs.
4. describe the different categories of drugs.
5. describe the difference between abuse of and addiction to drugs.

COURSE OBJECTIVES:
1. Describe the accountability of using legal drugs.
2. Describe the physiological and psychological effects of selected drugs.
3. Describe objective symptoms of influence or intoxication.
4. Describe the difference between abuse of and addiction to drugs.
5. Describe the different categories of drugs.

COURSE CONTENT:

LECTURE CONTENT:

A. Drugs and their uses.
   1. Therapeutic and medically necessary uses.
      a. Analgesics.
      b. Antibiotics.
      c. Vaccines.
      d. Prophylactics.
      e. Anesthetics.
      f. Psychotropics.
   2. Naturally derived.
   3. Synthetic.
   4. Over-the-Counter drugs.
   5. Prescription drugs.
   6. Controlled substances (legal).
   7. Recreational drugs (illegal).

B. Alcohol.
   1. Pathophysiological effects of alcohol ingestion.
   2. Addiction and withdrawal.
   3. Alcohol problems related to anti-social and/or criminal behavior.
   4. Overt signs of ingestion / influence.

C. Central Nervous System (CNS) Stimulants.
   1. Methamphetamine.
   2. Caffeine.
   3. Cocaine.
   5. Overt signs of ingestion / influence.

D. Central Nervous System (CNS) Depressants.
   1. Alcohol.
   2. Ritalin.
   3. Valium.
   4. Overt signs of ingestion / influence.

E. Opiates (Narcotics).
   1. Heroin.
   2. Morphine.
   3. Vicodin.
   4. Oxycontin.
5. Overt signs of ingestion / influence.

F. Psychotropic Drugs.
1. Phencyclidine.
2. LSD.
3. Hallucinogens.
4. Lithium.
5. Marijuana.
6. Overt signs of ingestion / influence.

G. Drug addiction.
1. Neuro-adaptation (tolerance).
2. Abuse.
3. Dependence.
5. Intervention.
6. Rehabilitation.
   a. Court ordered.
   b. Voluntary.
7. Sobriety.
   a. Alcoholics Anonymous.
   c. Twelve step programs versus self-help.

H. Drug enforcement.
2. Drug courts and drug diversion.
3. Crimes related to drug use and abuse.
5. Drug Enforcement Agency and the schedule of drugs.

I. Drugs and Sports.
1. Anabolic steroids, human growth hormone, and precursors.
2. Amphetamines.
3. Analgesics.
4. Societal attitudes toward drug use and / or abuse by athletes.

METHODS OF INSTRUCTION:

A. Lecture:
B. Online:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:

Reading Assignments

Text Websites Journal articles as assigned

Out-of-class Assignments

Writing Assignments

Essays are required on personal experience with drugs and / or alcohol, or knowledge of others' use. Students will also write essays on selected drugs and their effects.
METHODS OF STUDENT EVALUATION:
Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Essay Examinations
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration

Demonstration of Critical Thinking:
Role playing by individual groups regarding the intervention of an addicted person.

Required Writing, Problem Solving, Skills Demonstration:
Essays are required on personal experience with drugs and/or alcohol, or knowledge of others' use. Students will also write essays on selected drugs and their effects.

TEXTS, READINGS, AND RESOURCES:
TextBooks:

LIBRARY:
Adequate library resources include: Non-Print Materials

Comments:

Attachments:
[Attached Files]