COURSE OUTLINE OF RECORD

Number: COSM G072    TITLE: Esthetics - Level 2

ORIGINATOR: Joan Christie

FORMERLY KNOWN AS:

CROSS LISTED COURSE:

SEMESTER UNITS: 10.5
HRS LEC: 126.0    HRS LAB: 210.0    HRS OTHER: 0.0
CONTACT HRS TOTAL: 336.0
STUDY NON-CONTACT HRS RECOMMENDED: 252.0

CATALOG DESCRIPTION:
This is the second session of two nine week courses comprising of 336 hours to be applied to a State Board Certification in Esthetics. It is designed to provide a more in-depth knowledge of Esthetics including the scientific theory pertinent to skin (i.e. chemistry, nutrition). The students will learn skin care theory and receive more advanced laboratory training including the application of chemical peels, massage techniques, hair removal and proper use of electrical facial modalities. Students will learn the skills required to render most professional services.

JUSTIFICATION FOR COURSE:

PREREQUISITES:
- COSM G071: Esthetics - Level 1 with a minimum grade of C or better

COREQUISITES:

ADVISORIES:

ASSIGNED DISCIPLINES:
Cosmetology

MATERIAL FEE: Yes [ ] No [X] Amount: $0.00

CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

GRADING POLICY: Pass/No Pass [ ] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]

OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]

TRANSFER STATUS: CSU Transferable[ ] UC/CSU Transferable[ ] Not Transferable[X]

BASIC SKILLS STATUS: Yes [ ] No [X] LEVELS BELOW TRANSFER: Not Applicable

CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable

NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course

OCCUPATIONAL (SAM) CODE: C

REPEATABLE ACCORDING TO STATE GUIDELINES: No [X] Yes [ ] NUMBER REPEATS:

REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]
Esthetician(Associate in Arts)
Esthetician(Associate in Arts)
Esthetician Option(Certificate of Achievement)
Esthetician Option(Certificate of Achievement)

GE AND TRANSFER REQUIREMENTS MET:
COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:

1. Formulate an appropriate skin care regimen for each client, which requires advanced knowledge of products.
2. Apply advanced skills in all facial treatments.
3. Evaluate effects of electrical modalities for various skin types.
4. Employ safe extracting techniques for clients with acne conditions.
5. Demonstrate an advanced level of Esthetic knowledge, both written and practical to assist in the passing of the State Board Examination.

COURSE OBJECTIVES:
1. Analyze various clients and their skin conditions and prescribe the proper treatment.
2. Demonstrate the ability to safely use the proper Esthetic equipment during a facial.
3. Demonstrate the proper techniques of an anti-aging facial.
4. Demonstrate proper application of galvanic procedures for acne healing facials.
5. Demonstrate the proper use of lymphatic drainage massage during a facial.
6. Understand how acid, alkaline, and pH affect the skin.
7. Explain how nutrition relates to healthy skin.

COURSE CONTENT:

LECTURE CONTENT:

A. The Treatment Room
   1. Professional atmosphere
   2. Room preparation
   3. Clean up
B. Variations of Facials
   1. Men's skin care
   2. Acne healing facials
   3. Anti-aging facials
C. Facial Machines
   1. Woods lamp
   2. Vacuum suction
   3. Rotary brushes
   4. Advanced galvanic, sinusoidal, and ultra sound procedures
D. Chemistry
   1. General chemistry principles
   2. Chemical reactions of basic elements and compounds
   3. Organic and inorganic chemistry
   4. The pH scale and its relation to cosmetic and facial products
E. Skin Care Products
   1. Cosmetic chemistry
   2. Product ingredients
   3. Natural versus synthetic skin care products
   4. Aromatherapy
F. Nutrition
   1. Nutrition for the health of skin
   2. Vitamins and minerals
G. Advanced Topics and Treatments
1. Microdermabrasion, ultrasound, lasers
2. Lymphatic drainage massage
3. Advanced acupressure massage
4. Medical facial reconstructive procedures

H. Career Planning
1. Employment
2. Licensure
3. Resumes
4. Interviews
5. Money management

I. Skin Care Business
1. Owning your own business
2. Record keeping
3. Public relations

J. Selling Products
1. Product line knowledge
2. Client building and retention
3. Sales

K. Advanced Makeup theory
1. Analysis of skin tones
2. Advanced makeup application for special effects, television, theatrical production
3. Contour and shadowing of facial structures
4. Corrective makeup techniques
5. Advanced artificial eyelash extensions

LABORATORY CONTENT:
1. Demonstrate the ability to present a pleasant, safe and professional atmosphere.
2. Analyze various clients and their skin conditions and prescribe the proper treatment.
3. Demonstrate the ability to safely use the proper Esthetic equipment during a facial.
4. Demonstrate proper knowledge of products by selecting the correct product for each client.
5. Analyze each client's skin and recognize possible nutritional benefits or deficiencies.
6. Demonstrate the proper techniques of a male facial.
7. Demonstrate the proper techniques of an anti-aging facial.
8. Perform properly the advanced methods of accelerated exfoliating peels.
9. Perform properly the advanced methods of double application of masks.
10. Demonstrate proper application of galvanic procedures for acne healing facials.
11. Demonstrate the proper use of lymphatic drainage massage during a facial.
12. Demonstrate proper application of corrective, stage or special event makeup.
14. Demonstrate the ability to perform microdermabrasion according to the State Board Performance Criteria.

METHODS OF INSTRUCTION:

A. Lecture:
B. Lab:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:
Reading Assignments
Text Websites

Out-of-class Assignments
Examine industry journals and research different makeup techniques and looks.
Writing Assignments

Write an essay using researched material pertaining to the skin care industry. Several sources must be used and critical thinking skills applied to the essay. Students are required to write about the esthetic benefits of microdermabrasion, chemical peels, and lymphatic drainage massage.

METHODS OF STUDENT EVALUATION:
Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Essay Examinations
Objective Examinations
Report
Projects (ind/group)

Demonstration of Critical Thinking:
Students will have intermediate and advanced knowledge of client skin analysis, determination of correct facial procedures for the individual client, and the appropriate skin care products to use during the service in order to insure a healthy and positive result. Students will be observed on a regular basis in the Client Spa Lab.

Required Writing, Problem Solving, Skills Demonstration:
Students are expected to write a two page, typed essay using researched material pertaining to the skin care industry. Several sources must be used and critical thinking skills applied to the essay. Students are required to write about the esthetic benefits of microdermabrasion, chemical peels, and lymphatic drainage massage.

TEXTS, READINGS, AND RESOURCES:
TextBooks:

LIBRARY:
Adequate library resources include: Non-Print Materials

Comments:

Attachments:
Attached Files