COURSE OUTLINE OF RECORD

Number: COSM G022
TITLE: Cosmetology, Level II

ORIGINATOR: Joan Christie
EFF TERM: Fall 2019
FORMERLY KNOWN AS:
DATE OF
OUTLINE/REVIEW: 02-05-2019
CROSS LISTED COURSE:
TOP NO: 3007.00
CID:

SEMIESTER UNITS: 10.5
HRS LEC: 126.0    HRS LAB: 210.0    HRS OTHER: 0.0
CONTACT HRS TOTAL: 336.0
STUDY NON-CONTACT HRS RECOMMENDED: 252.0

CATALOG DESCRIPTION:
An intermediate course in cosmetology that acquaints the student with basic scientific theory in trichology, occupational health and safety, communicable diseases in the work place, dermatology, communication skills and the principles of facials, manicuring, men and women's hair cutting, styling, hair coloring, chemical straightening and permanent waving. Students will begin to practice operations on live models in order to perfect their skill. Level II is the second in a series of five. Each week of instruction consists of 40 hours or 8 hours per day.

JUSTIFICATION FOR COURSE:

PREREQUISITES:
- COSM G021: Cosmetology, Level I with a minimum grade of C or better
- with a minimum grade of C or better COSM G001
- with a minimum grade of C or better COSM G002

COREQUISITES:

ASSIGNED DISCIPLINES:
Cosmetology

MATERIAL FEE: Yes [ ] No [X] Amount: $0.00
CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]
GRADING POLICY: Pass/No Pass [ ] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]
OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]
TRANSFER STATUS: CSU Transferable[ ] UC/CSU Transferable[ ] Not Transferable[ ]
BASIC SKILLS STATUS: Yes [ ] No [X] LEVELS BELOW TRANSFER: Not Applicable
CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable
NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course
OCCUPATIONAL (SAM) CODE: C
REPEATABLE ACCORDING TO STATE GUIDELINES: No [X] Yes [ ] NUMBER REPEATS:
REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]
Cosmetology(Certificate of Achievement)
Cosmetology(Associate in Arts)
Cosmetology(Associate in Arts)
Cosmetology(Certificate of Achievement)
GE AND TRANSFER REQUIREMENTS MET:

COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:

1. Identify technical theory as defined by the State Board of Barbering and Cosmetology.
2. Recognize hair and scalp disorders.
3. Distinguish the differences between sterilization, disinfection and sanitation.
4. Explain the importance of anatomy and physiology to the cosmetology profession.
5. Demonstrate mastery of the four basic haircuts and basic wrapping procedures in permanent waving.

COURSE OBJECTIVES:

1. Apply intermediate level skills in the practical phases of Cosmetology.
2. Perform with the skills and knowledge to begin operations in the client lab/salon atmosphere.
3. Analyze and apply formulation and hair color techniques to begin practical operations on clients.
4. Demonstrate mastery of the four basic haircuts.
5. Demonstrate basic wrapping procedures in permanent waving.

COURSE CONTENT:

LECTURE CONTENT:

A. Basic Scientific Theory
   1. Trichology
      a. Properties of the hair
      b. Properties of the scalp
   2. Anatomy and physiology
      a. Body cells
      b. Tissues
      c. Organs
      d. Systems
   3. Occupational health and safety in the salon
   4. Communicable diseases in the work place
   5. Dermatology
      a. Histology of the skin
      b. Disorders of the skin
   6. Communication skills/client consultation
   7. Facials
      a. Anatomy of the skin
      b. Structure of the Epidermis
      c. Functions of the skin
      d. Facial massage
      e. Client consultation
      f. Classification and chemistry of skin care products
   8. Manicuring
      a. Equipment, implements, cosmetics, and materials
      b. Safety rules
      c. Anatomy of the nail
      d. Bones of the hand and arm
   9. Men's hair cutting
   10. Styling
11. Women's hair cutting
12. Intermediate hair coloring
   a. Review color theory
   b. Permanent hair color/tint
   c. Formulating hair color
      1. Fashion reds
      2. Gray coverage
      3. Control undertones
      4. High lift
      5. Bleach
      6. Toning
   c. Techniques and special effects
   d. Usage of tools
   e. Fillers/conditioners
   f. Color correction/trouble shooting
13. Permanent waving
   a. History of perms
   b. Alkaline/acid/heat/exothermic/air oxidation
   c. Detox/cleanse
   d. Safety and hazardous chemicals
   e. New concepts in perms
   f. Introduction to chemical relaxer
   g. Chemistry of waving and straightening solution
14. Salon Success
   a. Communicating with confidence
   b. Planning for success

LABORATORY CONTENT:

B. Applications and introduction to live models
1. Facials
   a. Cleanse routine
   b. Massage routine
   c. Plain facial with a scrub
   d. Eyebrow arching with tweezers
   e. State Board makeup
2. Manicuring
   a. Plain water manicure
   b. Oil manicure
   c. Pedicure
   d. Use of implements
   e. Polish application
   f. Massage
3. Men's hair cutting
   a. Gradation - low, medium and high
   b. Shear over comb technique
   c. Clipper cutting
   d. Planar - long form, medium
   e. Face grooming
4. Styling
   a. Review and timed finger wave - five minutes
   b. Complete State Board set - fifteen minutes
   c. Use of thermal styling tools
1. Air forming clip to base

2. Barrel

3. Figure six

4. Beach wave

5. Candlestick

6. Indentation

d. Wet sets
   1. Finger wave with sculpture pincurls

   2. Curvature

5. Women’s hair cutting
   a. Review the four basic forms
      1. Solid
      2. Graduated
      3. Increase
      4. Uniform
   b. Combination form
      1. Convex
      2. Concave
      3. Diagonal forward
      4. Diagonal back
   c. Introduction to combination of shears, point cutting, notch cutting, slide cutting and razor

6. Intermediate hair coloring
   a. Client consultation
   b. Color formulation
   c. State Board applications
      1. Using actual product
      2. Color applications on live models
   d. Cap and foil weaving/slicing techniques
e. Specialized techniques/geometric shapes
   1. Solid form
   2. Graduated form
   3. Increase layered form
   4. Uniform form

f. Decolorizing

7. Permanent Waving
   a. Client consultation
   b. Cold wave and heat wave
   c. Spiral perm wrapping technique
   d. Hotdog perm wrapping technique
   e. Chemical straightener - sodium hydroxide
   f. Soft perm application thioglycolate

METHODS OF INSTRUCTION:

   A. Lecture:
   B. Lab:
   C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

Lecture

Lab

COURSE ASSIGNMENTS:

   Reading Assignments
   Text Websites

   Out-of-class Assignments

   Writing Assignments

   1. Intermediate level of color formulation within a classroom structure
   2. Analysis of basic skills in hair cutting in relation to an intermediate approach to more advanced cutting styles and techniques
   3. Analysis of models in choosing the correct permanent wave for that model
   4. Preparation of styling notebook
   5. Book reports
   6. Completion of terminology work sheets
   7. Outline and presentation of salon activities pertaining to product knowledge
   8. Control notes/paragraph on subject lesson

METHODS OF STUDENT EVALUATION:

Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration
Demonstration of Critical Thinking:

Students are given a scenario of a client wanting hair color. The students must formulate to the target color after given all the variables in which adjustments might be made to the formula. A formulation blue print is sketched and their analyses results in the final color formulation.

Required Writing, Problem Solving, Skills Demonstration:

1. Intermediate level of color formulation within a classroom structure 2. Analysis of basic skills in hair cutting in relation to an intermediate approach to more advanced cutting styles and techniques 3. Analysis of models in choosing the correct permanent wave for that model 4. Preparation of styling notebook 5. Book reports 6. Completion of terminology work sheets 7. Outline and presentation of salon activities pertaining to product knowledge 8. Control notes/paragraph on subject lesson

TEXTS, READINGS, AND RESOURCES:

TextBooks:

Other:
1. Designated uniform  
2. Three ring binder  
3. Cosmetology Kit (all textbooks and web access are included in kit)

LIBRARY:

Adequate library resources include: Non-Print Materials

Comments:

Attachments:

Attached Files