COURSE OUTLINE OF RECORD

Number: COSM G021  TITLE: Cosmetology, Level I

ORIGINATOR: Joan Christie  EFF TERM: Fall 2019
FORMERLY KNOWN AS:
CROSS LISTED COURSE:

SEMESTER UNITS: 10.5  TOP NO: 3007.00
HRS LEC: 126.0  HRS LAB: 210.0  HRS OTHER: 0.0
CONTACT HRS TOTAL: 336.0
STUDY NON-CONTACT HRS RECOMMENDED: 252.0

CATALOG DESCRIPTION:
A beginning course in cosmetology that acquaints the beginning student with basic scientific theory in anatomy, chemistry, physiology, bacteriology, sterilization, cytology, mycology, California State Board rules and regulations and the principles of wet hairstyling, hair sculpture, hair coloring, permanent waving, scalp treatment and professional ethics. Level I is the first in a series of five. Each week of instruction consists of 40 hours or 8 hours per day.

JUSTIFICATION FOR COURSE:

PREREQUISITES:

COREQUISITES:

ADVISORIES:

ASSIGNED DISCIPLINES:
Cosmetology

MATERIAL FEE: Yes [ ] No [X] Amount: $0.00

CREDIT STATUS: Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

GRADING POLICY: Pass/No Pass [ ] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]

OPEN ENTRY/OPEN EXIT: Yes [ ] No [X]

TRANSFER STATUS: CSU Transferable[ ] UC/CSU Transferable[ ] Not Transferable[X]

BASIC SKILLS STATUS: Yes [ ] No [X]  LEVELS BELOW TRANSFER: Not Applicable

CALIFORNIA CLASSIFICATION CODES: Y - Not Applicable

NON CREDIT COURSE CATEGORY: Y - Not applicable, Credit Course

OCCUPATIONAL (SAM) CODE: C

REPEATABLE ACCORDING TO STATE GUIDELINES: No [X]  Yes [ ]  NUMBER REPEATS:

REQUIRED FOR DEGREE OR CERTIFICATE: No [ ] Yes [X]
Cosmetology(Associate in Arts)
Cosmetology(Certificate of Achievement)
Cosmetology(Certificate of Achievement)
Cosmetology(Associate in Arts)

GE AND TRANSFER REQUIREMENTS MET:
Degree Applicable
AA Degree Applicable

COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:
Identify the practical manipulative skills in cosmetology and State Board of Cosmetology rules and regulations.

1. Recognize which bacteria is of concern in a salon environment and proper infection control practices.

3. Discuss the principles of interpersonal communication as they relate to client interaction.

4. Apply entry level skills in the practical phases of cosmetology and the State Board of Cosmetology rules and regulations.

5. Analyze and apply basic art principles and design elements.

COURSE OBJECTIVES:
1. Apply entry level skills in the practical phases of hair design, hair sculpture, permanent waving, and hair color.

2. Affirm your personal strengths and use them to your best advantage in building a successful career.

3. Identify and apply the State Board of Cosmetology rules and regulations.

4. List the four basic categories of hair color, explain their chemical effect on the hair and give examples of their use.

5. Explain the physical and chemical actions that take place during permanent waving.

6. Demonstrate the techniques of finger waving, pin curls, and roller setting.

COURSE CONTENT:

LECTURE CONTENT:

A. Basic Scientific Theory
   1. California State Board Act and Regulations
       2. Anatomy
       3. Chemistry
       4. Physiology
       5. Bacteriology
       6. Sterilization
       7. Cytology
       8. Mycology
       9. Onychology
       10. Professional ethics
       11. Decorum
       12. Nutrition
       13. Wet hairstyling
           a. Art principles
           b. Structure of hair, and its function
           c. Scalp diseases and disorders
       14. Hair sculpting
           a. Concept
           b. Principles
           c. Safety
       15. Hair coloring
           a. Color theory and the law of color
           b. Hair analysis
           c. Predisposition and strand tests
           d. Classifications of haircolor
               i. Temporary
               ii. Semi-permanent
               iii. Demi-permanent
               iv. Introduction to decolorization
16. Permanent waving  
   a. Principles of permanent wave chemistry  
   b. Introduction to permanent wave solutions  
17. Scalp treatment  
18. Salon Success  
   a. Redfining Character  
   b. Understanding ourselves and others  

LABORATORY CONTENT:  

Applications  
A. Wet hair styling  
   1. Shaping, molding  
   2. Roller placement, pin curls, stand-up curls  
   3. State Board wet set  
   4. Finger wave  
B. Scalp treatments  
   1. Scientific brushing  
   2. Basic scalp massage  
   3. Conditioners  
C. Hair sculpting basic forms  
   1. Solid form  
   2. Graduated form  
   3. Increase layered form  
   4. Uniform layered form  
D. Shear and razor techniques  
   1. Etching  
   2. Arcing  
E. Thermal styling  
   1. Air forming  
      a. Blow dryer  
      b. Vent brush  
      c. Round brush - Denman  
      d. Styling aids  
   2. Electric curling iron  
      a. Figure six curl  
      b. Figure eight curl  
      c. Barrel curl  
F. Hair coloring  
   1. State Board applications  
      a. Virgin tint to darken partially gray hair  
      b. Tint retouch to darken new growth  
      c. Virgin tint to lighten natural color  
      d. Tint retouch to lighten new growth  
      e. Virgin bleach  
      f. Bleach retouch on 1/2 inch regrowth  
      g. Virgin toner to pre-lightened hair  
      h. Toner retouch on 1/2 inch pre-lightened hair  
      i. Tinting bleached hair back to natural color  
   2. Highlighting/Lowlighting  
G. Permanent waving  
   1. Sectioning hair  
      a. Rectangle pattern
b. Brick lay pattern
c. Curvature - Contour pattern

2. Subsectioning and rod placement
   a. End papers
   b. Positioning of rods
   c. Bands fastened

H. Shampoo & Draping

I. Table Set Up & Sanitary Maintenance Area

METHODS OF INSTRUCTION:

A. Lecture:
B. Lab:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

Lecture

Lab

COURSE ASSIGNMENTS:

Out-of-class Assignments

Students must complete a hair design book in which they must demonstrate their knowledge of hair styles from past decades. They must show two examples of each decade beginning in the 1920s and give a brief description of each.

Writing Assignments

1. Basic evaluation of chemicals (color and permanent wave solutions)
2. Analysis of basic sculpting techniques
3. Color wheel project
4. Preparation of styling notebook
5. Book reports
6. Outline and preparation of salon activities pertaining to product knowledge
7. Completion of terminology worksheets
8. Control notes/paragraphs on subject matter.

Reading Assignments

Textbook
Websites

METHODS OF STUDENT EVALUATION:

Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Objective Examinations
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration

Demonstration of Critical Thinking:

Students must complete a hair color book in which they must demonstrate their knowledge of the ten different levels in hair color. They must include samples of warm and cool color tones within each level.
Required Writing, Problem Solving, Skills Demonstration:

TEXTS, READINGS, AND RESOURCES:

TextBooks:

Software:

Other:
1. Cosmetology Kit (all textbooks and web access are included in kit)

Designated Uniform

Three Ring Binder

LIBRARY:
Adequate library resources include:

Comments:

Attachments:
[Attached Files](#)