### COURSE OUTLINE OF RECORD

**Number:** DANC G160  
**TITLE:** Contemporary Dance Styles

- **ORIGINATOR:** Martha Ramm Engle  
- **EFF TERM:** Fall 2018  
- **FORMERLY KNOWN AS:** Commercial Dance Styles  
- **DATE OF OUTLINE/REVIEW:** 10-17-2017  
- **TOP NO:** 1008.00  
- **CID:**

**SEMESTER UNITS:** 2.0  
**HRS LEC:** 27.0  
**HRS LAB:** 27.0  
**HRS OTHER:** 0.0  
**CONTACT HRS TOTAL:** 54.0  
**STUDY NON-CONTACT HRS RECOMMENDED:** 54.0

**CATALOG DESCRIPTION:**

Instruction and practice in intermediate jazz exercise techniques, jazz dance combinations, and complete jazz dances choreographed to jazz, rock and musical theater music.

**JUSTIFICATION FOR COURSE:**

**PREREQUISITES:**

**COREQUISITES:**

**ADVISORIES:**

- DANC G125: Jazz Dance 1 - Beginning

**ASSIGNED DISCIPLINES:**

- Dance

**MATERIAL FEE:** Yes [ ] No [X] Amount: $0.00  
**CREDIT STATUS:** Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]  
**GRADING POLICY:** Pass/No Pass [X] Standard Letter [X] Not Graded [ ] Satisfactory Progress [ ]  
**OPEN ENTRY/OPEN EXIT:** Yes [ ] No [X]  
**TRANSFER STATUS:** CSU Transferable[ ] UC/CSU Transferable[X] Not Transferable[ ]  
**BASIC SKILLS STATUS:** Yes [ ] No [X]  
**LEVELS BELOW TRANSFER:** Not Applicable  
**CALIFORNIA CLASSIFICATION CODES:** Y - Not Applicable  
**NON CREDIT COURSE CATEGORY:** Y - Not applicable, Credit Course  
**OCCUPATIONAL (SAM) CODE:** E  
**REPEATABLE ACCORDING TO STATE GUIDELINES:** No [X] Yes [ ]  
**NUMBER REPEATS:**

**REQUIRED FOR DEGREE OR CERTIFICATE:** No [ ] Yes [X]  
Dance(Associate in Arts)

**GE AND TRANSFER REQUIREMENTS MET:**

- **CSU GE Area E:** Lifelong Understanding and Self-Development  
  - E2 - Activity Course
- **UC Transfer Course**
  - A. Transfers to UC
  - **GWC AA - Area E** Lifelong Understanding and Self-Development
  - **Area E** Lifelong Understanding and Self-Development

**COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:**
1. Perform required dance combinations.
2. Relate rhythmic intricacies and syncopations to varied musical selections.
3. Demonstrate co-ordination, strength, flexibility, and agility.

**COURSE OBJECTIVES:**
1. Perform and recall appropriate warm-up exercises.
2. Perform required dance combinations.
3. Increase awareness of rhythmic intricacies and syncopations and relate these rhythms to varied musical selections.
4. Improve coordination, endurance, strength, and stretch.
5. Demonstrate phrasing and performance techniques.
6. Demonstrate various styles and techniques of jazz dance.

**COURSE CONTENT:**

**LECTURE CONTENT:**
1. Proper dance techniques
2. Performance qualities
3. How to look at a live dance concert or video for the purpose of critical evaluation
4. History and important figures in jazz dance

**LABORATORY CONTENT:**

**A. Warm-up Exercises--Standing**
1. Back and hamstring stretches--sagittal plane--parallel and turned-out
2. Calf stretches--parallel and turned out
3. Foot--metatarsal stretches, tendus, passes, and brushes
4. Demi and grand plies
5. Side stretches--frontal and transverse planes
6. Flexibility stretches for the hip socket area
7. Front of the body (abdominal and thigh) stretches
8. Torso contractions and back and abdominal stretches exercises
9. Isolations--head, shoulder and shoulder girdle, ribcage, hips, arms, and ankle
10. Grand battements all directions
11. Fan kicks and jump kicks

**B. Floor Stretches**
1. Hip socket rotations exercises
2. Back flexibility exercises
3. Hamstring stretches
4. Stretches in second positions (stride)
5. Abdominal strength exercises
6. Quadriceps stretch and strength exercises
7. Shoulder stand and lowering feet to floor overhead, rolling down through back slowly
8. Combinations moving while on the floor-moving out of and into the floor

C. Moving Through Space
1. Chasse
2. Pas de Bourrees
3. Jazz walks
4. Directional changes and weight shifts
5. Advanced moving isolations
6. Chaine turns, pirouettes, and pique turns
7. Front, side, and back leaps
8. Long combinations with more complicated rhythmic structure

METHODS OF INSTRUCTION:

A. Lecture:
B. Lab:
C. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:
Reading Assignments
No text book required. Hand-outs given in class.

Out-of-class Assignments
Attend jazz classes at outside studios for extra credit

View videos/DVD's of dance performances

Writing Assignments
Written critiques of a live dance concert and a video dance performance.

METHODS OF STUDENT EVALUATION:
Midterm Exam
Final Exam
Written Assignments
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration

Demonstration of Critical Thinking:
Written critique of a live dance concert
Required Writing, Problem Solving, Skills Demonstration:
View videos/DVD's of dance performances
Student will be assessed through demonstrated skill proficiency

TEXTS, READINGS, AND RESOURCES:

Other:
1. Leotards, tights, dancewear, exercise clothes, sweat pants. Appropriate dance/exercise/jazz shoes as required.

LIBRARY:
Adequate library resources include:
Comments:

Attachments:

Attached Files