This course is designed to introduce and instruct students in various styles of hip hop dance such as breaking, freestyle, locking, popping and other evolving contemporary dance forms at the beginning/intermediate level. Course overview is intended to cover the basic footwork, variations, styling, rhythms and timing. Instruction might also include additional hip hop techniques such as street dance, B-boying and improvisation. Course is designed for the student with little or no previous hip hop dance instruction.

**Justification for Course:**

**Prerequisites:**

**Corequisites:**

**Advisories:**

**Assigned Disciplines:**

- Dance

**Material Fee:**

Yes [ ] No [X] Amount: $0.00

**Credit Status:**

Noncredit [ ] Credit - Degree Applicable [X] Credit - Not Degree Applicable [ ]

**Grading Policy:**

Pass/No Pass [X]  Standard Letter [X]  Not Graded [ ]  Satisfactory Progress [ ]

**Open Entry/Open Exit:**

Yes [ ] No [X]

**Transfer Status:**

CSU Transferable[X] UC/CSU Transferable[ ]  Not Transferable[ ]

**Basic Skills Status:**

Yes [ ] No [X]

**Levels Below Transfer:**

Not Applicable

**California Classification Codes:**

Y - Not Applicable

**Non Credit Course Category:**

Y - Not applicable, Credit Course

**Occupational (SAM) Code:**

E

**Repeatable According to State Guidelines:**

No [X]  Yes [ ]

**Number Repeats:**

**Required for Degree or Certificate:**

No [ ] Yes [X]

Associate in Arts: Liberal Arts: Emphasis in Social Behavior and Self-Development (Associate in Arts)

Dance (Associate in Arts)

**GE and Transfer Requirements Met:**

CSU GE Area E: Lifelong Understanding and Self-Development

E2 - Activity Course

GWC AA - Area E Lifelong Understanding and Self-Development

Area E Lifelong Understanding and Self-Development
PROGRAM LEVEL LEARNING OUTCOME(S) Supported by this course:

Explore the fundamental skills and techniques necessary for the public performance of dance.

COURSE LEVEL STUDENT LEARNING OUTCOME(S) Supported by this course:

1. Explain and demonstrate the basic patterns of selected Hip Hop dances at the beginning/intermediate level.
2. Demonstrate Hip Hop alignment, balance, coordination, strength, flexibility and endurance at a beginning/intermediate level.
3. Demonstrate varied styles and characteristics of Hip Hop dances at a beginning/intermediate level.
4. Use basic rhythmic Hip Hop movements and basic Hip Hop locomotor patterns accurately with appropriate Hip Hop musical accompaniment at a beginning/intermediate level.

COURSE OBJECTIVES:

1. Explain and demonstrate the basic patterns of selected Hip Hop dances at the beginning/intermediate level.
2. Demonstrate Hip Hop alignment, balance, coordination, strength, flexibility and endurance at a beginning/intermediate level.
3. Demonstrate varied styles and characteristics of Hip Hop dances at a beginning/intermediate level.
4. Use basic rhythmic Hip Hop movements and basic Hip Hop locomotor patterns accurately with appropriate Hip Hop musical accompaniment at a beginning/intermediate level.

COURSE CONTENT:

LECTURE CONTENT:

A. Beginning/intermediate level Hip Hop dances will be taught over the semester to include:
   1. Basics of the dances
   2. One or more variations per dance
   3. Characteristic style of the various dances taught
   4. Dance rhythms related to the dances taught
   5. Principles of freestyle Hip Hop dancing
   6. Variety/specialty Hip Hop dances that may be partner, solo, or group

B. Techniques of Hip Hop dancing will include beginning/intermediate level exercises emphasizing:
   1. Body posture
   2. Weight distribution and balance
   3. Foot positions
   4. Acrobatics, gymnastics and aerials
   5. Combinations of movements on the floor involving falls, body rolls, shoulder stands, shoulder rolls and sit spins

C. Music for beginning/intermediate level dances will be explained and will include:
   1. Music phrasing
2. Relating specific dances to music
3. Tempos for the specific Hip Hop dance rhythms
4. Tempo/beats per measure for the specific dance
D. Styling will include beginning/intermediate level demonstration and explanation of:
   1. Body styling
   2. Foot styling
   3. Syncopated/double time and half-time movement

LABORATORY CONTENT:
Student will actively participate in the content as listed in Course Content.

METHODS OF INSTRUCTION:

A. Lecture:
B. Lab:
C. Video One Way – Audio Two Way:
D. Independent Study:

INSTRUCTIONAL TECHNIQUES:

COURSE ASSIGNMENTS:

Out-of-class Assignments

1. Attend live Hip Hop dance concerts and productions, show evidence of attendance and produce written critique for the purpose of evaluation.
2. Extra credit viewing of dance videos, films and live dance performances for the purpose of evaluation and submission of written critique.

Reading Assignments
Handouts prepared by instructor.

Writing Assignments

1. Students will identify and explain Hip Hop dances appropriate to specific musical examples at beginning/intermediate level
2. Students will explain Hip Hop dance in historical and social context in a written format at a beginning/intermediate level

METHODS OF STUDENT EVALUATION:
Midterm Exam
Final Exam
Short Quizzes
Written Assignments
Report
Projects (ind/group)
Problem Solving Exercises
Oral Presentations
Skills Demonstration
Demonstration of Critical Thinking:
While dancing, students will explain and demonstrate beginning/intermediate level knowledge of:
1. General style and movements of each Hip Hop dance
2. Dance appropriate for specific Hip Hop musical accompaniment
3. Preparation of individual and group choreography and freestyle improvisation

Required Writing, Problem Solving, Skills Demonstration:
1. Students will identify and demonstrate Hip Hop dances appropriate to specific musical examples at beginning/intermediate level
2. Students will explain Hip Hop dance in historical and social context in a written format at a beginning/intermediate level

TEXTS, READINGS, AND RESOURCES:
Other:
1. Subject matter handouts from instructor

LIBRARY:
Adequate library resources include:
Comments:

Attachments:
Attached Files