Course Outline for Nursing 60C

ADULT HEALTH III

Catalog Description:

NURS 60C - Adult Health III
3.50 units
Discussion of leadership styles, delegation of care, evidence based practice, conflict management, delegation of assignments, prioritization of client care, and organizational structure the health care organization. Concepts related to the California Nursing Practice Act, and Quality, and Safety Education in Nursing (QSEN) will be incorporated. Total - 6 weeks.

Prerequisite: NURS 60B (completed with a grade of "C" or higher)

Grading Option: Letter Grade

Discipline:

<table>
<thead>
<tr>
<th>Units</th>
<th>Contact Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Week</td>
</tr>
<tr>
<td>Lecture</td>
<td>3.50</td>
</tr>
<tr>
<td>Laboratory</td>
<td>0</td>
</tr>
<tr>
<td>Clinical</td>
<td>23.00</td>
</tr>
<tr>
<td>Total</td>
<td>3.50</td>
</tr>
</tbody>
</table>

Prerequisite Skills:

None

Measurable Objectives:

Upon completion of this course, the student should be able to:

1. Theoretical Outcomes:
   - identify principles of leadership/management/followship theory;
   - discuss:
     a. reality shock;
     b. stress management;
     c. writing a resume;
     d. strategies for the successful job interview;
2. Clinical Outcomes:
   - work with a nurse preceptor in delivering nursing care to a group of clients;
   - collaborate and coordinate client care with members of the health care team;
   - demonstrate delegating responsibility to members of the healthcare team;
   - evaluate the quality of care delivered;
   - demonstrate critical thinking skills;
   - apply Quality, Safety, Education, Nursing (QSEN) and Evidence Based Practice concepts while practicing nursing under the scope of the Nurse Practice Act.

Course Content:

Course Content (Lecture):

1. The hospital as an organization
2. Principles of effective leadership
   A. Styles of leadership
   B. Conflict resolution
3. Principles of effective management
   A. Evaluation of patient care
   B. Priority of care
   C. Effective decision making
4. Legal-ethical issues related to staffing
5. Preparation for nursing practice: resume, interview
6. Nurse Practice Act
7. Evidence Based Practice
8. Quality Safety and Education in Nursing (QSEN)

Course Content (Lab/Clinical):

1. Develop the skills to assume the role of the RN in the hospital setting
2. Collaborate with all members of the healthcare team to facilitate client care.
3. Delegation of clinical work/tasks to other staff while working on the unit.
4. Documentation required by the RN in the clinical setting.

Methods of Presentation:

1. Lecture/Discussion
2. Clinic
3. Discussion Seminar
4. Group Activities
5. Textbook reading assignments
6. Written assignments

**Assignments and Methods of Evaluating Student Progress**

1. **Typical Assignments**
   A. Evaluate personal strengths, weaknesses, opportunities and threats using a SWOT analysis.
   B. In seminar discuss goals and objectives for the week of clinical.
   C. Complete a resume and cover letter that includes objectives, qualifications, skills experience, work history, education and training.
   D. After each clinical day document feelings, concerns and thoughts that reflect events that occurred during clinical.
   E. Complete at total of 136-144 hours in the clinical setting working alongside an RN with assuming up to 75% of the RN's assignment by the end of this session.

2. **Methods of Evaluating Student Progress**
   A. Exams/Tests
   B. Clinical performance
   C. Final Examination
   D. Journals

3. **Student Learning Outcomes**
   Upon the completion of this course, the student should be able to:
   A. Apply the nursing process to deliver nursing care to a group of clients.
   B. Identify principles of leadership/management theory.
   C. Apply Quality, Safety, Education, Nursing (QSEN) and Evidence Based Practice concepts while practicing nursing under the scope of the Nurse Practice Act.

4. **Textbooks (Typical):**

5. **Special Student Materials**
   1. Student uniform
   2. Stethoscope
   3. Watch with sweep second-hand
   4. Student will provide own transportation to and from clinical setting

6. **Abbreviated Class Schedule Description:**
   Preceptorship in acute or community care. Understanding nursing management, delegation of care in healthcare organizations. Total - 6 weeks.
   **Prerequisite:** NURS 60B (completed with a grade of "C" or higher)