Course Outline for Nursing 60A

ADULT HEALTH I

Catalog Description:
NURS 60A - Adult Health I 4.00 units
Emphasis on the use of the nursing process in the care of adults experiencing selected conditions requiring treatment in medical-surgical care settings. Theory and clinical practice includes integration of assessment skills, nutrition, medication administration and legal-ethical issues. Concepts related to the California Nursing Practice Act, and Quality, and Safety Education in Nursing (QSEN) will be incorporated.

Total - 9 weeks

Prerequisite: NURS 55 (completed with a grade of "C" or higher)

Grading Option: Letter Grade

<table>
<thead>
<tr>
<th>Discipline</th>
<th>Units</th>
<th>Contact Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<tr>
<td>Lecture</td>
<td>4.00</td>
<td>36.00</td>
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<tr>
<td>Laboratory</td>
<td></td>
<td>18.00</td>
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<tr>
<td>Clinical</td>
<td>11.50</td>
<td>103.50</td>
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<tr>
<td>Total</td>
<td>4.00</td>
<td>17.50</td>
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Prerequisite Skills:
None

Measurable Objectives:
Upon completion of this course, the student should be able to:

1. THEORETICAL OUTCOMES:
   - discuss the collaborative management of the client undergoing surgical procedures;
   - discuss the collaborative management of the client undergoing surgical procedures;
   - use appropriate aseptic technique in delivering safe client care;
   - identify levels of anxiety and utilize appropriate interventions in the hospitalized client;
   - discuss the care of clients with:
     - a. peripheral vascular disease;
     - b. respiratory conditions including COPD;
     - c. gastrointestinal conditions;
     - d. cancer of the breast, esophagus, stomach and colon;
     - e. and conditions requiring perioperative care;
   - apply the principles of QSEN (Quality Safety Education of Nursing) and the Roy Model in the delivery of client care;
   - discuss specific nutritional recommendations for the client who has disorders of the gastrointestinal tract.

2. CLINICAL OUTCOMES:
   - use principles and methods of teaching involved in the care of the client in acute and chronic settings;
   - use principles and methods of teaching involved in the care of the client in acute and chronic settings;
   - define legal-ethical concepts as they relate to clients in medical surgical settings;
   - successfully demonstrate the following skills:
     - a. peripheral-vascular assessments;
     - b. ostomy care;
     - c. sterile dressing change;
     - d. surgical asepsis;
     - e. insertion and care of a nasogastric tube;
     - f. administration of intravenous fluids and medications;
     - g. and assessment and care of portable suction devices.

Course Content:
Course Content (Lecture):
1. Perioperative care
2. Care of the client with acute or chronic conditions affecting the following systems
   A. Peripheral vascular
   B. Respiratory
   C. Gastrointestinal
3. Care of the client with cancer of the breast, lung, and GI system
4. The nurse’s role in pharmacological interventions
5. Legal-ethical considerations in acute care settings

Course Content (Lab/Clinical):
1. Assessment and care of the acutely ill medical and surgical client
2. Implement the nursing process in the care of clients with acute and chronic health issues including problems common to the geriatric population
3. Use of principles and methods of teaching involved in the care of the patient in acute and chronic settings
Collaborative management of client care for acute and chronic illnesses

Methods of Presentation
1. Lecture/Discussion
2. Simulations
3. Textbook reading assignments
4. Clinical experience
5. Skills lab
6. Demonstration/Exercise

Assignments and Methods of Evaluating Student Progress

1. Typical Assignments
   A. Review a client chart and complete the care plan using the Roy Adaptation Model
   B. When giving a client disease identify the pathophysiology to include signs and symptoms, diagnostic tests, treatment and nursing care
   C. Care for a postoperative client in the acute care setting to include administration of medications, treatments and assessments
   D. When taught a nursing skill be able to return the demonstration of the skill to include critical steps

2. Methods of Evaluating Student Progress
   A. Exams/Tests
   B. Nursing care plans
   C. Final Examination
   D. Clinical performance
   E. Final Performance Evaluation
   F. Critical thinking exercises

3. Student Learning Outcomes
   Upon the completion of this course, the student should be able to:
   A. Demonstrate the ability to identify principles involved in therapeutic communication with individuals experiencing illness with unpredictable outcomes.
   B. Apply the nursing process in the care of adults in medical-surgical settings.
   C. Define legal-ethical concepts as they relate to clients in medical surgical settings.
   D. Use appropriate aseptic technique in delivering safe client care.
   E. Use principles and methods of teaching involved in the care of the client in acute and chronic settings.

Textbooks (Typical):

Special Student Materials
1. Stethoscope
2. Student ID card
3. Lab Coat
4. Student uniform
5. Watch with sweep second hand
6. Goggles
7. Students will provide own transportation to and from health care facilities.

Abbreviated Class Schedule Description:

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