I. CATALOG DESCRIPTION

KIN 16B - Theory of Golf II  
2 Unit(s)
Prerequisite(s): KIN 16A
Limitation on Enrollment: Student-athletes currently participating in Intercollegiate Athletics
Transfer Status: CSU/UC
34 hours Lecture

This course provides instruction in the intermediate techniques and strategies of golf as the game has developed and is played at secondary, intercollegiate, and professional levels. Emphasis will be placed on the mental aspect of golf, team play, biomechanics, and film study at an intermediate level.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:
A. evaluate changes in the rules of golf at the intercollegiate level.
B. evaluate teamwork and cooperation between players, coaches and team personnel through film study at an intermediate level.
C. compare and contrast game strategies that are situation specific at an intermediate level.
D. explain differences between appropriate and inappropriate leadership styles.
E. identify golf specific techniques and biomechanics at an intermediate level.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

<table>
<thead>
<tr>
<th>Topics</th>
<th>Lecture</th>
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<tbody>
<tr>
<td>1. Philosophy</td>
<td>2.00</td>
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<tr>
<td>2. Coach and Athlete Relationship</td>
<td>2.00</td>
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<tr>
<td>3. Practice Organization and Safety</td>
<td>4.00</td>
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<td>4. Selection of Personnel</td>
<td>3.00</td>
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<td>5. Fundamental Skills</td>
<td>3.00</td>
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<tr>
<td>6. Game Strategies and Rules</td>
<td>4.00</td>
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<tr>
<td>7. Mental Approach and Strategies</td>
<td>4.00</td>
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<tr>
<td>8. Scouting and Statistics (Film Review)</td>
<td>6.00</td>
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<td>9. Game and Trip Organization</td>
<td>2.00</td>
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<tr>
<td>10. Public Relations</td>
<td>2.00</td>
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<tr>
<td>11. Leadership</td>
<td>2.00</td>
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<tr>
<td>Total Hours</td>
<td>34.00</td>
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IV. METHODS OF INSTRUCTION

A. Multimedia Presentations
B. Lecture
C. Discussion
D. Demonstrations
E. Homework: Students are required to complete two hours of outside-of-class homework for each
V. METHODS OF EVALUATION
   A. Oral Presentation
   B. Demonstration
   C. Class participation
   D. Written Assignments
   E. Written or Oral Examinations

VI. EXAMPLES OF ASSIGNMENTS
   A. Reading Assignments
      1. Review “Wooden’s Pyramid of Success” to identify aspects of leadership. Be prepared to present your findings to the class.
      2. Read and review a golf course map and hole overview for a specific course. Be prepared to discuss in class.
   B. Writing Assignments
      1. Write a brief paper summarizing the changes to rules for intercollegiate golf over the past three seasons.
      2. Maintain a semester long journal on preparation habits for sport success, specific to: sleep/rest, diet, strength training, mental approach, social habits and academics.
   C. Out-of-Class Assignments
      1. Research three individuals in leadership roles and focus on leadership styles and strategies. Be prepared to share your analysis in class.
      2. View a Ryder Cup event and pay particular attention to the pairings. Be prepared to discuss in class.

VII. RECOMMENDED MATERIALS OF INSTRUCTION
   Textbooks:

   Materials Other Than Textbooks:
   A. Other materials and/or equipment will be provided by the department.

Created/Revised by: Randy Maday
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