I. CATALOG DESCRIPTION

KIN 85 - Varsity Soccer 3 Unit(s)

Limitation on Enrollment: Student-athletes currently participating in Intercollegiate Athletics

Transfer Status: CSU/UC

153 hours Lab

This course is designed for students who meet the criteria to compete in intercollegiate soccer. All varsity sports entail practice at designated times. Since skills/proficiencies are enhanced by supervised repetition and practice, this course may be repeated three times.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:
A. define soccer safety and rules.
B. practice the proper etiquette of soccer competition.
C. describe offensive and defensive strategies for intercollegiate competition.
D. perform offensive and defensive skills at a level appropriate for intercollegiate competition.
E. demonstrate pre-game, in-game and post-game physical routines.
F. demonstrate proper maintenance of individual equipment and the playing field.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

<table>
<thead>
<tr>
<th>Topics</th>
<th>Lab</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orientation and Safety</td>
<td>2.00</td>
</tr>
<tr>
<td>Ball Handling</td>
<td>11.50</td>
</tr>
<tr>
<td>Footwork</td>
<td>11.50</td>
</tr>
<tr>
<td>Individual Offense</td>
<td>15.00</td>
</tr>
<tr>
<td>Team Offense</td>
<td>35.00</td>
</tr>
<tr>
<td>Individual Defense</td>
<td>15.00</td>
</tr>
<tr>
<td>Team Defense</td>
<td>35.00</td>
</tr>
<tr>
<td>Film Study and Analysis</td>
<td>14.00</td>
</tr>
<tr>
<td>Team Strategy</td>
<td>11.00</td>
</tr>
<tr>
<td>Philosophy</td>
<td>3.00</td>
</tr>
<tr>
<td>Total Hours</td>
<td>153.00</td>
</tr>
</tbody>
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IV. METHODS OF INSTRUCTION

A. Multimedia Presentations
B. Discussion
C. Demonstrations
D. Reading Assignments
E. Drills/Practical
V. METHODS OF EVALUATION
   A. Class participation
   B. Written or Oral Examinations
   C. Practical evaluations

VI. EXAMPLES OF ASSIGNMENTS
   A. Reading Assignments
      1. Read an article describing the various styles of soccer around the world and plan to
discuss in class.
      2. Research the origins and basic history of the game of soccer and be prepared to share your
findings with the class.
   B. Writing Assignments
      1. Write a brief paper summarizing the responsibilities of each position in soccer.
      2. Create a two-minute soccer practice plan. Be prepared to demonstrate in class.
   C. Out-of-Class Assignments

VII. RECOMMENDED MATERIALS OF INSTRUCTION
    Materials Other Than Textbooks:
    A. The student will be required to provide:
       a. Proper soccer apparel
       b. Proper soccer shoes
    B. Other materials and/or equipment will be provided by the department.

Created/Revised by: Randy Maday
Date: 10/15/2018